

**“Your actions speak so loudly I cannot hear what you are saying.”
—Anonymous**

DO YOU LEAD WITH INTEGRITY?

Rate yourself on these characteristics of integrity. Where do you score high? Where do you score low? What do you need to improve? How would others rate you? Use this scale: 1=almost never; 2=infrequently; 3=occasionally; 4=sometimes; 5=almost always; 6=always.

Honesty: I am truthful and straightforward in my dealings with others.

Consistency: My actions and words align, and I maintain the same principles in all situations.

Ethical behavior: I follow ethical principles and stand up for what is right, even in difficult circumstances.

Trustworthiness: I demonstrate competence, integrity, care, concern, and reliability in my interactions with others.

Responsibility: I take ownership of my actions and decisions and hold myself accountable for the consequences.

Respect for others: I treat others with dignity and respect, regardless of their background or circumstances.

Courage: I have the courage to do what is right, even when it is unpopular or difficult.

Total score:

A score of 37 to 42 means you are a role model of integrity. Excellent!

A score of 33 to 36 means you frequently demonstrate integrity in your actions. Well done!

A score of 29 to 32 means you demonstrate a moderate amount of integrity in your actions.

A score of 28 or below means you must dedicate time and effort to consistently act with integrity.