

Building trust is a skill that can be learned and developed.

ARE YOU A TRUSTWORTHY LEADER?

Identify how often you engage in trustworthy behavior by using the ABCD model from Simple Truth #28. Use this rating scale: 1=almost never; 2=infrequently; 3=occasionally; 4=sometimes; 5=almost always; 6=always.

Able

1. Demonstrate strong task knowledge and skills
2. Have a track record of achieving results
3. Demonstrate strong problem-solving skills

Total for Able

Believable

4. Tell the truth
5. Act in alignment with personal and organizational values
6. Avoid gossip and playing favorites

Total for Believable

Connected

7. Care about others' well-being
8. Take time to connect and converse
9. Find common ground with others

Total for Connected

Dependable

10. Consistently follow through on commitments
11. Hold myself and others accountable
12. Reply thoughtfully and quickly

Total for Dependable

Action Plan

My highest scoring element of trust:

Able Believable Connected Dependable

My lowest scoring element of trust:

Able Believable Connected Dependable

My second-lowest scoring element of trust:

Able Believable Connected Dependable

Actions I will take to increase my trustworthiness for the latter two elements of trust: